

IMEC (Marie Cobel) with "Friends"
October 2, 1987

Session 227: Hypnagogia, the transition

Original Question: How best to work with the Channels

Summary: The Friends state that they have a goal of creating a new state of consciousness. Below they discuss how this is done and the reason for this work being hidden from common knowledge.

We are working with many energies. There is an interaction taking place on various levels of consciousness. We are working through various areas of consciousness with individuals that is just beyond your conscious level. We work in this area. If you would visualize your consciousness and what is called the subconscious. There is an area between the two. We act to build a new energy in this layer of consciousness with the individual human being. This layer of consciousness is out of reach of the waking aspects. However, it is not buried within the subconscious. In this area we are working. When we are working in that area there is a knowledge within the individual however that is not available at a conscious level. We have to work in this area until there is enough energy to expand this particular consciousness to be able to survive on its own and not be consumed or identified with the aspect before it has reached a point of development where it will then carry its own essence of energy and be able to use the aspective words to communicate on the earth plane.

Because man's conscious energy has become aspective, because of his need to find reasons and to place into categories there immediately the aspects spontaneity of action continuing on its own other than being program or planned. When something is programmed and planned it becomes conscious. In order for man to reach new dimensions and new ways of being and new ways to control energies, this must first be acquired within a level of consciousness and developed until it has the energy to perform on its own in the aspective world. A point would be immediately when a phenomenon occurs the aspects began to look for reasons, they began to lose ... that existed and try to step up the same identical physical world reality conditions they believe all of this that brought about the event. The event was brought about the phenomena being new. What is new is that which has not been done before. What has been done before becomes aspective and automatic. When the logical mind has a place to put something that has occurred then it is no longer in the area of the unknown. The unknown has to lead through the intellect. Phenomena is blocked from occurring because the emotional and mental body will not acknowledge what is not understood.

We are working at the layer of consciousness below awareness because the aspects have to know what is taking place. The aspects can project themselves into the future if it is planned. If they are allowed to do this, they will block phenomena from occurring. That is why phenomena is best seen as a surprise. If viewed from the point of no analysis, no judgment no expectations, then more phenomena will occur. If you allow the phenomena to occur, to take it to know for the sake of knowing, to be with it will then automatically allow more and more to be displayed.

We are working to develop this layer of conscious within an individual until it reaches a level of activity to where the consciousness of the individual will be able to be in that energy, to be able to be aware outside of the aspective control. Some phenomena is aspective and is automatically created.

Aspect energy is not a negative process. Man creates aspects to automate processes such as breathing and heart function. Aspects do work for man. By doing work within the zone between consciousness and the subconscious then the aspects cannot influence or use the energy for their will. There is a thin line of what is the greater interest of man and what the aspect assume is of the greater interest. It is easy for the aspects to convince you to use this energy to do things. The primary intent should be for the expansion of one's own awareness over and above anything else aspective. Any material gain or popularity. By keeping the "beingness" within self-development and developing one's own state of consciousness. When one does this one will automatically, by one's own energy process, give to others.

This is walking in faith.

Be willing to let the greater energies work through you. It is best if you do not know because when you know you want to intervene, and this becomes aspective. If you devote your life to giving to others, then one will automatically become aspective. *(This seems counter intuitive but one of the first axioms is that you can only change yourself. That when you change; the world around you changes through your example, through your energy.)*

There is a joy in receiving something when you least expect it. That is the power of the release of this energy that is being created.

Are we doing the correct thing by being an observer looking at the center of things and not becoming attached? Focus 10, 12 and 21 and HemiSync® are very beneficial and allow this process to occur. The groundwork has been planted within many individuals. The use of these techniques breaks up the aura field of individuals and allow the process to begin. There exist a series of shells, of aspective energy around an individual. The use of HemiSync can break through these layers.

The seed of the new self is being developed between consciousnesses. What does it contain? It contains nothing it is pure energy. By your going to the void and applying your attention there you are giving it energy. Once you apply attributes to this energy then it will become aspective.

The longer you can occupy this space as pure consciousness and not commit to it an aspect the stronger it will be. Conscious energy is manifest on the earth plane as an aspect: words, personality, a physical body, emotions, concepts, ideas, beliefs. Each being on the earth plane is a fragment of consciousness. What you witness on the earth plane are expressions of consciousness.

What we experience is pure consciousness. Pure knowingness, pure being, the closest experience to this is during an OBE. Pure consciousness does not contain anything of descriptive or aspective phrases. When consciousness is expressed, it is an expression of creativity. You are seeing the result of consciousness not consciousness itself. What

you experience on the earth plane is an expression of consciousness through the act of co-creation.

You create it by naming it, by recognition and verification. In the triangle of creation, consciousness of itself would be a pure energy, the number one energy your energy being the second and the expression of an aspect being the third created energy, created by you merging with the pure consciousness. Think of the aspects as programs created to perform specific tasks. Once you are able to consciously create aspects and can free yourself of the many layers of confusing aspect words with many meanings you will find the aspects are capable of doing work for you. They can bring you information and all manner of details. As soon as you begin interactions with another person you will find they have different meanings for the same words you use. Originally words only had one meaning. Words were used sparingly and there was perfect meaning between people. The intellect began between the conscious and the subconscious. It began as an aspect to decipher the uncertainty of words as language developed. This new aspect that is being prepared will go beyond the aspects and go beyond the intellect. The intellect has become aspective. It will rise to form a new layer of thinking or being or knowing. This will be the fourth body. The intellectual body was being formed the emotions could not understand it. Just as this fourth body is being formed the intellect cannot understand what the next energy field will be. But you already know it will be in the category of the NDC which means it will deviate from so much word usage.

In combination with the physical and emotional man cannot exist.

With the physical and the intellect man is functioning. Man has ceased to function in the form of development because the intellect is completely aspective. So now there will be a new energy being formed. Just as the other energies were formed. For the advancement of man. We cannot tell you what this new energy field will be because the physical, emotional or intellect cannot understand it. This is happening with many people. We know this is what you are seeking.

The agreement of not knowing and not remembering was agreed upon prior to entering the earth plane reality.

Report by Daniel Erickson